



Honor Society of Nursing  
Sigma Theta Tau International

Epsilon Mu Chapter supports the mission of Sigma Theta Tau International, Honor Society of Nursing and that is to provide leadership and scholarship in practice, education and research to enhance the health of all people. We support the learning and professional development of our members, who strive to improve nursing care worldwide.

# Epsilon Mu News

Issue: Winter 2007-2008  
Volume 3 Number 1

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Have you received  
you e-message in  
the past three  
months? If not,  
update your e-mail  
information with  
Sigma Theta Tau,  
by calling  
888.634.7575.

## PRESIDENT'S MESSAGE Teresa Torsney, RN-BC, MS

For those of you who may not know who I am, let me introduce myself as your president. I took office this past July and have been active as president elect for the past two years under the guidance of past president and now chief advisor Margo Governo.

Currently, I am enrolled in Adelphi University's Doctoral Program. I graduated from Wagner College, Master of Science in Nursing, the education track and am employed at Staten Island University Hospital as a staff development instructor. I hope to bring some exciting programs and events to our chapter and ask for your input as well. I look forward to serving you to the best of my capabilities and am sure Epsilon Mu and I will grow even stronger.

Some of the past events already during my term included Our Founder's Day, which proved to be a huge success, and everyone gave me such positive feedback. The event was well attended and everyone seemed to enjoy themselves. What a pleasure serving such a fine group of professionals. I was so proud of the students and nurse leaders and happy to see the families present in honoring their achievements. I want to thank Professor Jane DeFazio, Mary Jane Bailey, Domenica Giustino, Theresa Bucco, Barbara Pfaff, Julia Elgandy, and newcomers Rosanne Murphy as Publicity Chair and undergraduate student Ashley A. Werneken and her mom, Diane, for volunteering to help out. I apologize if I left anyone out.

Our collaborative nursing conference, The Nurse as the Ambassador to Good Health, with the American Cancer Society was very well attended and the evaluations were very favorable.

Our Community Project, American Cancer Society Making Strides, proved to be a gorgeous day and was well attended. The Pink Ribbon Campaign was also profitable, as we raised money and awareness for this important cause.

The TeenScreen was organized by Margo Governo, and the feedback was very positive. For future community projects, please check the calendar. If you have a favorite activity you would like to have Epsilon Mu participate in, please contact Epsilon Mu either by voicemail at 718.390.3478 or e-mail us at [epsilonmu@wagner.edu](mailto:epsilonmu@wagner.edu).

This year, Margo Governo, Theresa Bucco and I attended the 39<sup>th</sup> Biennial Convention in Baltimore, Maryland. Margo Governo presented her research on Classroom Character Education Program Intervention. Theresa and I volunteered as moderators and also I volunteered as a greeter at the retirement reception for Chief Executive Director Nancy Dickerson-Hazard. The convention proved to be a great opportunity and for networking and meeting old friends from past conventions. I even won a raffle prize donated by the new chief executive officer, Patricia Thompson, RN, EdD, FAAN.

See our newsletter for upcoming events. Please keep in touch and I hope to see you at one of our events this year.

Peace,  
Teresa (Teri) Torsney, MS, RN-BC

### Newest Members

Welcome to our newest inductees...

#### Undergraduate

Josella Aguilar	Sarah Ahmed	Jennifer Bernhardt	Anna B. Buchalczyk
Nicki A. Capezzer	Silvia Castro	Patricia A. Fay	Julie A. Filippini
Kristen N. Fiorello	Michael M. Frasca	Lauren A. Gagliardo	Shobha U. Ganesh
Brianne P. Garrity	Kristin A. Godlstein	Samantha J. Isabella	Amy Kindya
Ashlee Landis	Catherine M. O'Hare	Christina Patalano	Michelle C. Ponterio
Katrina K. Saschuk	Katie L. Stevens	Ashley A. Werneken	Justina Yuen

#### Nurse Leaders

Roseann Murphy	Joan Rowley	Marc Tempesta
Denise A. Torsney	Phyllis A. Veneziano-Torres	

### Membership Announcements and Awards

If you would like to announce a special occasion or event, an award, publication, an advanced degree, certification, and promotion or have been accepted into a program for an advanced degree, please submit your news to [epsilonmu@wagner.edu](mailto:epsilonmu@wagner.edu) or call 718.390.3478.

#### COMMUNITY SERVICE PROJECT

SAVE THE DATE: October 19, 2008, for American Cancer Society's Making Strides. Please support this worthy cause by participating as a team leader, team member or sponsor. Call our voicemail with contact information to participate.

A community service project not only benefits the community, but also gives our members an opportunity to get to know each other and pull together as a team. The lasting impact of this type of chapter activity will strengthen our chapter in countless ways. Community service programs such as charity walks, food drives, community clean-up events, blood drives, health fairs, toy drives, visits to assisted living communities, and book drives are all events we as a chapter can participate in by signing up as a team. If you already participate in such events, please consider contacting us at 718.390.3478 or e-mail; [epsilonmu@wagner.edu](mailto:epsilonmu@wagner.edu), so Epsilon Mu may join you in your efforts and make a real impact on the community as a team.

### Membership Induction

If you would like to nominate a nurse leader in our community, please submit their name to [epsilonmu@wagner.edu](mailto:epsilonmu@wagner.edu) or call 718.390.3478. Criteria are posted on the Sigma Theta Tau International website: [nursingsociety.org](http://nursingsociety.org)

#### EDUCATIONAL PROGRAM

SAVE THE DATE: October 22, 2008, for American Cancer Society's collaborative Nursing Conference. The focus this year will be genetics. Please support this worthy cause by attending. The following Epsilon Mu Chapter members serve as members of the Nurse Advisory Committee: Alberta Brescia (Staten Island Regional Vice-President of the American Cancer Society), Paula McAvoy, Teresa Torsney, Patricia Tooker, Kathleen Ahern, Barbara Hoey, Helen Costello, Iris Accettola, Jane DeFazio. Kudos to a fine job this year and thank you for bringing a worthwhile educational program to Staten Island.

If you plan or participate educational programs and wish to share information with our Epsilon Mu Chapter, please consider contacting us at 718.390.3478 or e-mail [epsilonmu@wagner.edu](mailto:epsilonmu@wagner.edu).



Sigma Theta Tau International  
Epsilon Mu Chapter  
Evelyn L. Spiro School of Nursing  
Wagner College  
One Campus Road  
Staten Island, NY 10301



**INNOVATIONS IN RESEARCH/EVIDENCE BASED NURSING PRACTICE EXPO**

DATE: Saturday, March 8, 2008  
TIME: 9:00 a.m. – 1:00 p.m.  
LOCATION: Staten Island University Hospital,  
Medical Arts Pavilion Great Room, Second Floor,  
Staten Island, NY  
COST: \$30 per person, undergraduate students: \$5 for cost of food

**RSVP 718.390.3478 by FRIDAY, March 1, 2008**

**Nurses in practice, education, and leadership are presenting topics illustrating research or evidence-based practice. The following topics will be presented:**

- Teaching Evidence Based Practice
- Creating a Culture of Evidence Based Practice
- Generating Evidence (Primary Research Studies)
- Synthesizing Evidence
- Translating Evidence into Practice: Recommendations
- Policies and Procedures based on Evidence
- Outcomes related to Practice Changes

**Keynote Speaker: Josephine DeVito, PhD, RN from Seton Hall University  
Adolescent Mothers Self-Image Primary and Secondary Research**

**Target Audience: Registered Professional Nurses**

The overall purpose of this activity is to offer nurses training in research and evidence-based nursing practice to improve their skills and nursing practice for improved patient outcomes.

**This continuing nursing education activity has been approved by Staten Island University Hospital, an accredited provider by the New York State Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.**

**It has been assigned approval code: 75QKD6PRV077**

**3.5 Contact Hours**

**No partial credit will be awarded, participants must attend entire program for credit.**

**RSVP: 718.390.3478 by March 1, 2008**

Please cut and return

Name: \_\_\_\_\_ Credentials/Profession: \_\_\_\_\_  
Organization/Department: \_\_\_\_\_ Cell/Daytime Phone: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

RSVP at epsilonmu@wagner.edu or voicemail message @ 718.390.3478.

Make check payable to Epsilon Mu. Send to Evelyn L. Spiro School of Nursing, Wagner College,  
Attn. Epsilon Mu. One Campus Road, Staten Island, NY 10301

*Sigma Theta Tau, International*



*Epsilon Mu*

*Evelyn L. Spiro School of Nursing, Wagner*

# The American Holistic Nurses Association

invites you to join nurses around the world to celebrate the 9<sup>th</sup>

# Nightingale Moment

**May 12, 2008 @ 12 Noon**

Every nurse around the world is invited to pause, take moment of silence or create a healing ceremony or ritual in celebration and dedication to the heart and spirit of nursing.

We invite you and your colleagues to:

- Honor Florence Nightingale and her legacy to modern nursing.
- Honor the strength and wisdom of our nursing mission.
- Reconnect with the fire and the soul, the sense of calling in nursing.
- Acknowledge the interconnections and oneness of nurses in the personal, political, social, and scientific domains.
- Carry the vision of caring and healing into the future.
- Share Nightingale's legacy with the larger community.

Local Activities: Moment of Silence

Blessing of the Hands

Labyrinth Meditation Walk

Wagner College, Student Union

RSVP: 718.390.3478

No Charge. Light lunch served.

All Are Invited!



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*Sigma Theta Tau, International*  
*Epsilon Mu*  
*Evelyn L. Spiro School of Nursing*  
*Wagner College*  
*Student Union*



**Jin Shin Jyutsu® Physio-Philosophy**  
**Presented by Jed Schwartz**  
**3<sup>rd</sup> Annual Basic 5-Day Seminar**  
**Wagner College, Staten Island, NY**  
**May 30 – June 3, 2008**

**The Story of Jin Shin Jyutsu**

Jin Shin Jyutsu Physio-Philosophy is an ancient art of harmonizing the life energy in the body. Born of innate wisdom and passed down from generation to generation by word of mouth, the Art had fallen into relative obscurity when it was dramatically revived in the early 1900s by Master Jiro Murai in Japan.

The resulting knowledge of Jin Shin Jyutsu was then given to Mary Burmeister, who brought it to the United States in the 1950s.

Jin Shin Jyutsu brings peace and harmony to the body's energy, which promotes optimal health and well-being. It is a valuable complement to conventional healing methods, inducing relaxation and reducing the effects of stress.

The study of Jin Shin Jyutsu awakens self-awareness through the process of "now know myself." We recognize the wisdom of the body, and we learn to interpret the messages provided and utilize them to restore balance. For more information: visit the website <http://www.jinshinjyutsu.com>

**About the Basic 5-Day Seminar**

Each seminar consists of two parts, as described below.

**Part 1** (3 days), the foundation, introduces the dynamic qualities of the 26 Safety Energy Locks, the Trinity Flows, the concept of depths within the body, and the Physio-Philosophy of Jin Shin Jyutsu. Lectures are interspersed with ample periods of hands-on application.

**Part 2** (2 days) introduces the organ flows, listening to pulses, the Special Body Flows, and the ways in which these contribute to harmonizing body, mind, and spirit. **Part 1 prerequisite for Part 2.**

**When and where:** **Part 1:** Friday – Sunday: May 30 – June 1, 2008

**Part 2:** Monday – Tuesday: June 2 – 3, 2008

**Location:** Wagner College, Staten Island, New York

**For more information:** Organized by Rita Heap @ 250 Randolph Rd, Freehold, NJ 07728  
 Phone: (732) 780-3963 Mobile: (917) 922-0434 Email [riheap@yahoo.com](mailto:riheap@yahoo.com)

**CLASS FEES** (US currency and credit cards only)

New Students	Check box	Review Students	Check box
Part 1 (3 Days)	\$510 <input type="checkbox"/>	Part 1 (3 Days)	\$330 <input type="checkbox"/>
Part 2 (2 Days)	\$340 <input type="checkbox"/>	Part 2 (2 Days)	\$220 <input type="checkbox"/>
TOTAL	\$850 <input type="checkbox"/>	TOTAL	\$550 <input type="checkbox"/>
Daily Audit	\$150 <input type="checkbox"/>		

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone \_\_\_\_\_ E-mail \_\_\_\_\_

**Checks:** Make payable to **Jed Schwartz** or Jin Shin Jyutsu.  
 Send to Rita Heap, 250 Randolph Road, Freehold, New Jersey 07728..

**Credit cards:** MasterCard\_\_ Visa\_\_ American Express\_\_ Discover\_\_  
 Expiration date \_\_\_\_\_

Name on card \_\_\_\_\_

Card number \_\_\_\_\_

**Rooms and Meals at Wagner College**

Wagner College is offering Jin Shin Jyutsu students the opportunity to stay on its picturesque oceanview campus. Contact Rita Heap for information.

### FUNDRAISING REQUEST

Epsilon Mu is initiating an annual scholarship for an Undergraduate Junior Nursing Student enrolled at Evelyn L. Spiro School of Nursing at Wagner College. Epsilon Mu is asking members to contribute to this worthy cause. The annual award is \$1000 payable to the nursing student candidate that most represents the qualities of Sigma Theta Tau International: academic excellence, community service and leadership qualities. Please send donations in checks made out to Epsilon Mu with “scholarship” in memo, c/o Epsilon Mu Chapter, Evelyn L. Spiro School of Nursing, Wagner College, One Campus Road, Staten Island, NY 10301. Your contributions are greatly appreciated. We haven’t named this scholarship as of yet and would like to take suggestions as well. Thank you for your generosity in this fine cause.

#### First Annual Nursing Scholarship Donation

Amount Enclosed:

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone \_\_\_\_\_

E-mail \_\_\_\_\_

Suggested Name of Scholarship:

\_\_\_\_\_

#### BRIEF GENERAL MEMBERSHIP MEETING TO DIRECTLY FOLLOW

#### INNOVATIONS IN RESEARCH/EVIDENCE BASED NURSING PRACTICE EXPO

DATE: Saturday, March 8, 2008

TIME: 1:00 p.m.

LOCATION: Staten Island University Hospital,  
Medical Arts Pavilion Great Room, Second Floor,  
Staten Island, NY

No cost for attending meeting only

Agenda: Introduce Executive Board Members and network  
Plan schedule for next calendar year.



Sigma Theta Tau International  
**Honor Society of Nursing**

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U.S./Canada 888.634.7575  
International +8000.634.7575.1

**MEMBERSHIP RENEWAL FORM**

***If you have already paid your membership renewal fee, please disregard this notice.***

I would like to renew my membership in the Epsilon Mu Chapter (Chapter 130) of Sigma Theta Tau International.

I was inducted into Sigma Theta Tau International in \_\_\_\_\_(year) at Wagner College, Staten Island, NY.

My name at induction was: \_\_\_\_\_

Other last names: \_\_\_\_\_

My seven digit member number: \_\_\_\_\_(It appears on Membership card, Magazine address labels, Membership renewal form, the Society can look this up)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Home Telephone: \_\_\_\_\_ Work Telephone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Date: \_\_\_\_\_

Make check payable to Sigma Theta Tau International for \$85, regular membership.

For dual membership: Other Chapter/College Name: \_\_\_\_\_

For dual members: Our Chapter fee is \$25. and the international fee is \$60.  
Other chapter membership fees range from \$20 to \$30. Call headquarters for specific amounts.

**Please return form to:**

Sigma Theta Tau International  
Member Services Department  
550 West North Street  
Indianapolis, IN 46202

*For online renewals visit: [nursingsociety.org](http://nursingsociety.org)*

For additional questions contact Member Services at 888.634.7575 (U.S./Canada)

or e-mail: [memserv@stti.iupui.edu](mailto:memserv@stti.iupui.edu)



<p><b>NEWSLETTER UPDATES</b> Epsilon Mu News is an official newsletter of Epsilon Mu Chapter. The deadlines for publication are: Winter Issue – January 15 Spring Issue – May 15 Summer Issue – Aug. 15 Fall Issue – October 15 Contact Teri Torsney, Newsletter Editor for Newsletter Submissions at 718.390.3478 or e-mail: <a href="mailto:epsilonmu@wagner.edu">epsilonmu@wagner.edu</a></p>	<p style="text-align: center;"><b>EPSILON MU UPCOMING EVENTS</b></p> <p>March 8, 2008: Research Day in collaboration with SIUH May 12, 2008 @ 12 pm: Nightingale Moment May 30 – June 3, 2008: Jin Shin Jyutsu Conference October 25, 2008: Founder's Day and Induction November 13, 2008: American Cancer Society Nursing Conference/Staaten</p> <p style="text-align: center;"><b>Epsilon Mu Community Projects</b></p> <p>October 22, 2008: American Cancer Society; Making Strides</p> <p style="text-align: center;"><b>Region 14 Activities</b></p> <p>March 7, 2008: Reinkemeyer Research Day, Gamm Nu at Seton Hall University, South Orange, NJ April 3, 2008: Alpha Omega's Fourth Annual Leadership Conference: The Art of Leadership in Education, Technology, and Practice at Adelphi University, Long Island, NY April 3, 2008: Gamma Nu's 30<sup>th</sup> Anniversary Gala and Induction, Seton Hall University, South Orange, NJ April 14, 2008: Mu Epsilon's 12<sup>th</sup> Annual Research Conference at Mount St. Mary College, Newburgh, NY</p>
<p>Visit our Web Page: <a href="http://www.wagner.edu/departments/epsilonmu">http://www.wagner.edu/departments/epsilonmu</a></p>	
<p><b>Calendar of Activities</b></p>	
<p>July 9 – 12, 2008</p>	<p><u>19th International Nursing Research Congress</u>: Focusing on Evidence-Based Practice - Globalization of Research through Technology, Suntec Singapore International Convention and Exhibition Centre</p>
<p>June 30 - July 3, 2008</p>	<p>International Nursing Research Conference: Facing the Challenge of Health Care Systems in Transition, Jerusalem, Israel</p>
<p>For additional conferences</p>	<p><a href="http://www.nursingsociety.org/research/conferences.html">http://www.nursingsociety.org/research/conferences.html</a></p>



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